Variable Star - Half Square Triangles
12" finished block

Background:
Star points:
Star center:

Cutting:
Background: Cut (4) 3 1/2" squares.
Cut (4) 4" squares. Draw one diagonal line, corner to corner, on each square. Draw two more diagonal lines, 1/4" on either side of the first line.
Star points: Cut (5) 4" squares.
Star center: Cut (1) 6 1/2" square.

Sewing:
Place one star point right sides together on one background square.
Sew along the outside lines and cut on the center line. Open to form two half square triangle units. Press and trim to 3 1/2". Repeat with three more pairs of squares, forming a total of eight half square triangle units.

Sew star point half square triangle units together to form four flying geese units. Join three rows to form final block, pressing seam toward the edges.

Block Assembly
Sew one flying geese units to either side of the center and press seams open.

Sew background squares to either side of remaining flying geese units and press to the squares.

Join three rows to form final block, pressing seam toward the edges.

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